

Targovskoto - ТЪРГОВСКОТО

(Târgovskoto)

(Bulgaria)

“Targovskoto” [Merchant’s Dance] is from the city of Elena, southeast of the city of Veliko Tarnovo, Central North Bulgaria. My source is: Donkov, Ivan 1999: *Narodni Hora ot Velokotarnovskiya Kray* [Traditional Dances from the Region of Veliko Tarnovo], Veliko Tarnovo: PIK Publisher.

The dance is performed by men and women in a slow tempo. The dancers are self-controlled and steps are performed with emphasis on self-confidence/dignity.

Pronunciation: Târ-GOV-skoh-toh.

Music: *Shto Mi E Merak* CD (*Longing for You*), 2012. Band 3.

Formation: Open circle; hands joined in W-pos, elbows bent; facing ctr. 2/4 meter

Steps & Styling: Feet parallel.

Meas

Pattern

FIGURE I

- 1 Step on L fwd, twisting the body to the R (ct 1); L ft takes the wt, R is slightly lifted from the ground (ct 2).
- 2 Step on R bkwd (ct 1); hop on R, L is slightly lifted from the ground (ct 2).
- 3 Step on L to the L (ct 1); cross step on R in front of L ft (ct 2).
- 4 Step on L to the L (ct 1); cross step on R behind L ft (ct 2).
- 5 Two quick steps on L and R fwd-R (ct 1); step on L fwd (ct 2).
- 6 Repeat meas 5 with opp. ftwk.
- 7 Repeat meas 5.
- 8 Step on R to the R, hands move forward-down, bent the body (ct 1); step on L behind R, hands keep moving bkwd, no bent elbows (ct 2).
- 9 Two quick steps on R and L in place (ct 1); step on R in place, hands back to the initial position from meas 1 (ct 2).

This figure is repeated continually through the dance.

Presented by Daniela Ivanova



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