

Dzhangouritsa - Джангурица

(Bulgaria)

This is one of the few dance patterns known as a Dzhangouritsa” pattern, characteristic for Pirin Region. They are more than one melody typical for this dance. When performed by men only, this dance is danced with high jumps. This particular pattern includes 1 figure.

Pronunciation: DZHAN- gouh-reeh-tсах

Music: *From Bulgaria and Beyond* CD, Band 10 9/8 meter (QQQS)

Formation: Open circle; hands joined in V-pos, facing LOD.

Steps & Styling: Typical for the men's style is high jumping. Women steps are small and elegant.

Meas

Pattern

16 meas. Instrumental.

INTRODUCTION

FIGURE

- 1 Step on R ft to the R; step on L ft to the R (ct 1 [one-two]), step on R ft to the R (ct 2 [one-two]); large step on L ft to the R (ct 3 [one-two]); hop on L ft, step on R in place taking the wt on R (ct 4 [one-two-three])
- 2 Facing ctr, hop on R, L touches the floor in front of the R with strighten knee (ct 1 [one-two]); Hop on R, L touches the floor with strighten knee left of the R (ct 2 [one-two]); Hop on R, L touches the floor in front of the R with strighten knee (ct 3 [one-two]); Hop on R, L steps behind the R performing reversed bicycle movement (ct 4 [one-two-three])
- 3 The body turns slightly diagonally left, step on R ft in front of the L, step on the L ft (ct 1 [one-two]), step on R in front of the R with slightly bent knee, lift L ft with bent knee behind the R (looks like sharp kick of the L foot behind the R calf) (ct 2 [one-two]); step on L ft with taking the wt on the L ft, (ct 3 [one-two]); step on R ft feng ctr, step on L (ct 4 [one-two-three])
- 4 Hop on L ft with lifted R in reversed LOD; R ft performs up-dawn bicycle (ct 1 {one-two}); R ft takes the wt while steps in front of the L ft (ct 2 {one-two}); hop on R ft, the body faces ctr, lift the Lft from “down” to “up” (dawn-up bicycle) (ct 3 [one-two]); hop on R ft, step on L ft, the body turns LOD (ct 4 [one-two-three]).

Presented by Daniela Ivanova

