

# Alunelu - Алунелу

(Bulgaria)

This is a dance for both men and women from the village of Vrav (North West Bulgaria, Vidin, Danube river area). “Alunelu” is a Vlach term and means “hazelnut” but the name also may have originated from somebody’s name (Nelu), who loves this dance. The dance is performed with instrumental accompaniment and the pattern includes 4 figures.

Pronunciation: ah-luh-NEH-luh

Music: *Ya si te Daruvam Surtseto, Dushata CD (I Give You My Heart, My Soul)*  
Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 5.

2/4 meter

Formation: Open circle; belt hold, facing cntr.

Steps & Styling: Light and jumpy.

## Meas

## Pattern

### FIGURE I – 8 meas

- 1 Step on R fwd (ct 1) step on L, fwd (cts &); step on R and hop on R fwd, L is slightly lifted (cts 2 & ).
- 2 Step on L fwd (ct 1), step on R fwd (ct &); step on L and hop on L fwd, R is slightly lifted (cts 2 &).
- 3 Step on R fwd (ct 1) step on L, fwd (cts &); step on R and hop on R fwd, L is slightly lifted (cts 2 &).
- 4 Step on L fwd (ct 1), step on R fwd (ct &); step on L and hop on L fwd, R is slightly lifted (cts 2 &).
- 5 Step on R bwr (ct 1), step on L bwr (ct &); step on R, L, bwr (cts 2 &).
- 6 Step on R bwr, (ct 1), step on L bwr (ct &); step on R and tap on L to the R (cts 2 &)
- 7 Step on L in place (ct 1), tap on R to the L (ct &); step on R in place, (ct 2), tap on L to the R (ct &)
- 8 Step on L in place, (ct 1), tap on R to the L (ct &); tap on R to the L (cts 2 &).
- 9-16 Repeat meas 1-8

### FIGURE II - 6 meas

- 1 Step on R in place (ct 1), step on L across in front of R (ct &); step on R in place (ct 2), L executing small circle up-down (ct &).
- 2 Step on L in place (ct 1), step on R across in front of L (ct &); step on L in place (ct 2), R executing small circle up-down (ct &).

- 3 Step on R in place (ct 1), step on L across in front of R (ct &); step on R in place (ct 2), step on L in place (ct &).
- 4 Step on R across in front of L (ct 1), step on L in place (ct &), step on R in place (ct 2), step on L across in front of R (ct &).
- 5 Step on R in place (ct 1), step on L in place (ct &); step on R across in front of L (ct 2), step on L (ct &).
- 6 Step on R across in front of L (ct 1), step on L in place (ct &), step on R in place (ct 2), lifting L (ct &).

7-12 repeat meas 1-6 with opp ftwk and direction (mirror image)

FIGURE III - 8 meas

- 1 Step on R to the R (ct 1), step on L behind the R (ct&); step on R to the R (ct 2), step on L behind the R (ct&)
- 2 Step on R to the R (ct 1), step on L behind the R (ct&); step on R to the R (ct 2), L is lifting (ct &)

3-4 repeat meas 1-2 with opp ftwk and direction (mirror image)

5-8 repeat meas 1-4

FIGURE IV – 8 meas

- 1 Jump onto R (ct 1), tap on L in place (ct &); jump onto L (ct 2), tap on R in place (ct &)
- 2 Jump onto R (ct 1), tap on L in place (ct &); tap on L in place (cts 2 &)

3-4 repeat meas 1-2 with opp ftwk and direction (mirror image)

5-8 repeat meas 1-4

Sequence: Fig I, Fig II, Fig III, Fig IV, than II, III, IV and repeat everything from the very beginning.

Presented by Daniela Ivanova